

breakfast all day

- Big Breaky \$21.00**
bacon, eggs, tomato, mushrooms, sausage and spinach
- Breakfast Wrap \$18.50**
fresh tortilla filled with bacon, eggs, mushrooms, tomato, spinach and cheese
- Ham & Cheese Melt \$17.50**
with scrambled eggs
- Scone Breakfast \$19.50**
pumpkin & feta scone topped with spinach, bacon, poached eggs and hollandaise
- Smashed Avocado & Poached Eggs \$18.90**
with bacon and feta
- Egg & Bacon Sandwich \$11.90**
- BLT (bacon, lettuce & tomato) \$11.50**
- BLAT (bacon, lettuce, tomato & avocado) \$14.00**
- Smoked Salmon Scramble \$19.50**
- Zucchini & Quinoa Fritters & Poached Eggs \$19.50**
with bacon, avocado smash and relish
- Pulled Pork with Poached Eggs & Hollandaise \$19.50**
- Beni New Leaf \$19.50**
ham, cheese croissant with poached eggs and hollandaise
- Ricotta Pancakes with Maple Syrup & Ice Cream \$15.00**
- Sea Salt Sourdough Fruit Loaf \$9.00**
- Eggs on Toast (poached, fried or scrambled) \$11.00**

specials

We have a specials board updated daily. Consisting of pasta's, soups, gourmet salads, rice paper rolls, pork rolls and much more!

children's menu

for 12 years and under

- Famous Kids Plate \$6.00**
cheese melt, flavoured milk, baby cino and cookie
- Nachos \$7.50**
corn chips, salsa, cheese & sour cream
- Chicken Burger \$9.00**
with cheese and lettuce
- Kids Sandwiches from \$3.50**

Please understand we prefer not to do changes to the kids meals.

Extras		
Bacon \$4.00	Spinach \$2.50	Feta \$2.00
Scrambled Eggs \$1.00	Tomato \$2.50	Salmon \$4.00
	Mushrooms \$2.50	Avocado \$3.50

focaccias & flatbreads

1. Luke's Ham, cheese & tomato \$11.00
2. Salmon, cream cheese, spanish onion, capers & Baby Spinach \$14.50
3. Turkey, camembert & cranberry \$13.50
4. Roast vegetables with feta & baby spinach \$13.80
5. Chicken, semi dried tomato, avocado, cheese & mayo \$13.80

sandwiches

White, grain, wholemeal or sourdough

7. Ham, Cheese & Tomato \$8.50
8. Egg & Lettuce \$8.50
9. (CALM) Chicken, Avocado, Lettuce & Mayo \$10.00
10. Meat & Salad \$9.50
11. Mixed Sandwiches \$12 (6 points)

Extras Gourmet \$1.50

(roast vegetables, avocado, asparagus, camembert, semi dried tomatoes)

Extras Plain .50c

(cucumber, carrot, lettuce, onion, cheese)

We also make a variety of sandwiches with our extensive sandwich bar.

cold drinks

- Iced Coffee \$6.80
- Iced Chocolate \$6.80
- Iced Chai \$6.50
- Iced Mocha \$6.50
- Iced latte Small \$4.50 Large \$6.00
- Milkshakes \$6.80
- Fresh Organic Orange Juice \$6.00
- Fresh Picnic Point Apple Juice \$6.00
- Ginger fizz (O.J, dry ginger & lemon sorbet) \$6.80
- Spider \$6.80
- Please choose from our selection of soft drinks and juices from the drink fridge.

hot drinks

- Cappuccino \$4.50
- Flat White \$4.50
- Latte \$4.50
- Long Black \$4.40
- Macchiato short / long \$4.40
- Hot Chocolate \$4.50
- Chai Latte vanilla / spice \$4.80
- Mug extra \$1.00

tea

- | Tea for 1 \$4.40 | Tea for 2 \$7.00 |
|--|------------------|
| Tea Black | Peppermint |
| English | Liquorice |
| Earl Grey | Chamomile |
| Lemongrass & Ginger | Energy Berry Tea |
| Green Tea | |
| Masala Chai / Water \$4.40 / Almond \$6.00 | |